

PERSONALIZED TREATMENT PLANS

Our highly credentialed and experienced staff offer support at every step of recovery and provide the highest level of substance use and mental health treatment.

At Gateway Foundation, we develop individualized treatment plans that address the specific needs of each patient and empower them to regain control of their lives.

Our treatment programs integrate medically researched, evidence-based practices which makes them more effective:

EVIDENCE-BASED PRACTICES

- Cognitive-Behavioral Therapy (CBT)
- Co-Occurring Diagnosis
- Dialectical Behavior Therapy (DBT)
- Medication-Assisted Recovery (MAR)
- Mindfulness-Based Sobriety
- Motivational Interviewing (MI)
- Recovery support groups
- Trauma-Responsive Treatment

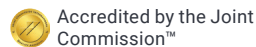
INSURANCE AND MEDICAID ACCEPTED

To make our treatment accessible to as many patients as possible, we take most insurance plans and have private pay options. We are in network with most insurance providers, and for those with out-of-network policies or private pay, we work with individuals to set up financing options that will work for them.



Care Advocates are available to help those needing addiction or mental health treatment:

24-Hour Helpline
877.505.HOPE (4673)
[GatewayFoundation.org](https://www.GatewayFoundation.org)



PEOR-TRI-0125

**EMPOWERING
YOUR
RECOVERY**

EFFECTIVE TREATMENT, CLOSE TO HOME AND WORK

WHAT IS OUTPATIENT TREATMENT?

Outpatient Treatment is a flexible treatment option that allows adults to continue working or attending school. Outpatient Treatment consists of multiple counseling sessions over the span of four to six weeks. Our program provides patients the support of our staff and peers while navigating day to day life.

MENTAL HEALTH AND CO-OCCURRING DISORDER TREATMENT

Research indicates that 40 percent of people with substance use disorders also have a co-occurring mental health disorder. In order to ensure the highest rates of success, our staff are trained in treating mental health trauma and substance use disorders. Our staff are able to develop customized treatment plans that help patients achieve their recovery goals.

MENTAL HEALTH SERVICES

Our focused mental health services play a crucial role in promoting and maintaining overall well-being through specialized support and treatment for those individuals facing mental health challenges. Gateway provides a safe and confidential space for people to receive the individual therapy and mental health medication management they need to enhance their quality of life, even if they do not have a substance use disorder.

PARTNER WITH US FOR LIFE

Recovery is a lifelong process that requires continued focus and commitment. You will benefit from ongoing support from other alumni, social activities, and educational workshops to help empower your recovery for life. We also offer our alumni continued support on mobile devices through our Gateway Connect app.



CONVENIENT HOURS:

8:30am-5:00pm

Walk-in Hours:

Mon & Tues: 12:30-2:30pm

Thurs: 10am-12pm

GATEWAY FOUNDATION
PEORIA
4812 North Sheridan Road, Suite A,
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309-570-0200
GatewayFoundation.org

24-Hour Helpline:
877.505.HOPE (4673)